(affix label here)

Patient ID Number								
	Site		Sub-site			Sequential ID		

SEARCH Diabetes Eating Problem Survey (DEPS-R) for age 10 and older

Do you take insulin? ❑ Yes ❑ No⟶ *if no, do not complete this form.* takeinsulin_deps

Living with diabetes can sometimes be difficult, particularly regarding eating and diabetes management. Listed below are a variety of attitudes and behaviors regarding diabetes management. For each statement, check the <u>ONE</u> answer that indicates how often this is true for you during the **PAST MONTH**.

		Never	Rarely	Some-times	Often	Usually	Always
1.	Losing weight is an important goal to me. losingweight_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
2.	I skip meals and/or snacks. skipmeals_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
3.	Other people have told me that my eating is out of control. eatcontrol_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
4.	When I overeat, I don't take enough insulin to cover the food. overeatinsulin_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
5.	I eat more when I am alone than when I am with others. eatmorealone_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
6.	I feel that it's difficult to lose weight and control my diabetes at the same time. diffweightcontrol_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
7.	I avoid checking my blood sugar when I feel like it is out of range. notcheckbs_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
8.	I make myself vomit. makevomit_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
9.	I try to keep my blood sugar high so that I will lose weight. bshighweight_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
10.	I try to eat to the point of spilling ketones in my urine. spillketones_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
11.	I feel fat when I take all of my insulin. feelfat_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
12.	Other people tell me to take better care of my diabetes. tellbettercare_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
13.	After I overeat, I skip my next insulin dose. overeatskipins_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑
14.	I feel that my eating is out of control. eatoutcontrol_deps	0 ❑	1 ❑	2 ❑	3 ❑	4 ❑	5 ❑

	Never	Rarely	Some-times	Often	Usually	Always
15. I alternate between eating very little and eating huge amounts. _alteatamount_deps_	0 ☐	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐
16. I would rather be thin than to have good control of my diabetes. _ratherbethin_deps_	0 ☐	1 ☐	2 ☐	3 ☐	4 ☐	5 ☐

▶ *Please answer one additional question.*

17. I take less insulin than I should.   _takelessins_deps_   1 ☐ Yes   2 ☐ No

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FOR STUDY USE ONLY

Date Completed				Completed By	
compldat	☐☐ Month	☐☐ Day	☐☐☐☐ Year	_complby_	☐☐☐
Date Reviewed _revwdate_	☐☐ Month	☐☐ Day	☐☐☐☐ Year	Reviewer Code _revwby_	☐☐☐
Date Entered _enterdat_	☐☐ Month	☐☐ Day	☐☐☐☐ Year	Data Entry Code _enterby_	☐☐☐